

ONLINE Savor Laughter Yoga!

7:30 – 8:30pm

Monthly on the fourth Tuesday

Especially in this challenging time, it's important to notice that nature continues to blossom into the beauty of springtime. Laughter Yoga helps us blossom too--into health and happiness! Let's celebrate that with some laughter. Join Annie and Anne at Oakland LifeFire Laughter Yoga--for more information email Angie Goglia (annie@lifefire.com) or www.meetup.com/oaklandlaughterclub/