

Certified Laughter Yoga Teacher Training

**Grow the Laughter Yoga family: Become A Certified Laughter Yoga Teacher!
(in-person training only, dates to be determined)**

As a recognized **Laughter Yoga Master-Trainer Sylvie Dagenais-Douville** can bring you to the next level where you will be trained to certify Laughter Yoga Leaders.

Prerequisite: Laughter Yoga Leader Certification and have lead LY sessions for a minimum of 6 months.

In this 5-day training you will deepen your understanding of the LY philosophy and LY practice and become an amazing **Laughter Yoga Teacher!**

Call or write us for more details institutdurire@outlook.com, [514-915-7473](tel:514-915-7473)

Website: <https://www.laughterinstitute.ca/>