

Hi there! I'm Sabina Gerin, AquaLaughter® co-creator with Georges Toscani. 💧 Water is my passion ❤️, I'm an AquaFit trainer and I've been a swimming instructor for the past 20+ years. I started experimenting on myself laughter in water in 2012 and I've been conducting AquaLaughter® sessions almost every week for over 4 years. Many aqua & laughter lovers have asked us “🤔 where do I start?”. The answer is much easier than you might think, Georges and I we are here to share the methods, the tools and the knowledge that we have gathered so you may enjoy the new excitement of AquaLaughter®.